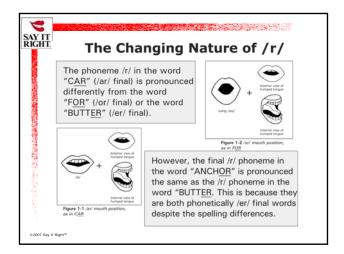


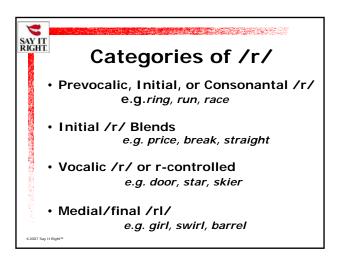
Presentation Overview Targeted for intermediate level of knowledge. However, encompass entry-level to experienced clinicians. Research review Evaluation procedure Specific treatment strategies Multi-media: Video and Case Studies

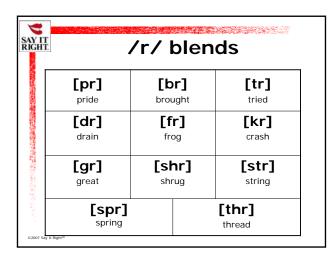
Facts About /r/
• /r/ can be consonantal (e.g. red) or vowel-like (e.g. star).
• Consonantal /r/ and the 11 initial blends are easier to evaluate & treat.
• Vocalic /r/'s are more complex since they are comprised of 2 sounds: (the vowel + the /r/).

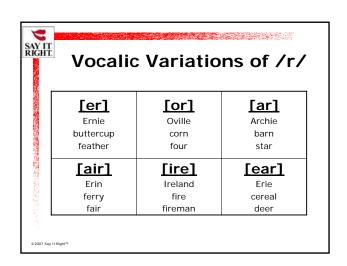


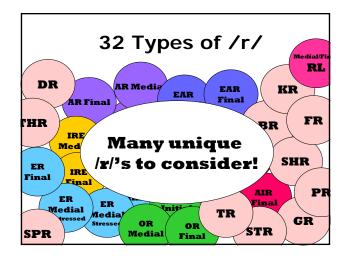
Facts About /r/ Post-vocalic /r/ is influenced by vowel. (i.e. floor, car, tower) Regarded by SLPs as one of the most difficult disorders to correct. Manner and place of articulation is not easily described or categorized (how and where its created).

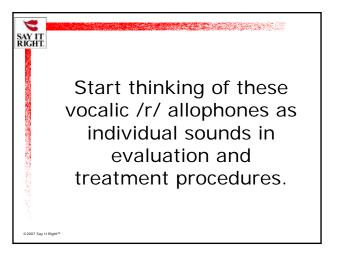












Word Compilation
 Every /r/ card deck in 1999 was reviewed. Each only focused on initial, medial and final word positions. Some words had more than one /r/ per word.
 Since each vowel is produced differently, the words represent the manner and placement of each vocalic /r/ (vowel + /r/).

Word Compilation
Phonetically consistent for each vocalic /r/ allophone.
Only 1 /r/ per word for "pure" practice.
All of the vocalic /r/'s had to be represented in each word position.
Words and images were a tool for specific elicitation techniques.

Word Compilation
 All words had to contain age-appropriate vocabulary.
 Artistic images associated with the words had to be motivational for 6-10 year old learning.

Why is the compilation significant?

• Consistent ear training.

• Training oral musculature.

• Manner and production for the specific /r/ target to achieve mastery.

• Increase kinesthetic awareness

• Obtain & utilize student's strengths

• Practice allophones that are phonetically consistent to student's misproductions.

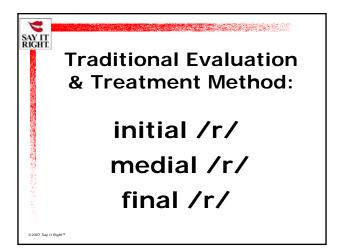


One of the major sources of frustration in the field of speech-language pathology is that /r/ has been evaluated and treated primarily for its consonantal qualities, while either ignoring the more complex vocalic /r/ or grouping it into a single category.

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Traditional Approach to /r/

- Does not account for each unique /r/ phoneme.
- Contains more than one /r/ per word.
- Phonetically inconsistent probe lists for production training.
- Probe lists were compiled by spelling of word.

Traditional Approach

- Excluded ALL INITIAL VOCALIC /r/'s.
- Did not evaluate or treat the individual vocalic /r/'s, but grouped vocalic /r/ into one category.

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[or] Initial	[or] Medial	[or] Final	
Orville	Award	Snore	Phonetic
Ornament	Export	Adore	Approach
Organ	Fork	Core	1
Orient	Board	Floor	1
Oriole	Worn	Soar	vs.
		1	_
<u>Initial</u>	<u>Medial</u>	<u>Final</u>	
Ribbon	Barefoot	Car	Traditional
Run	Buttercup	Fear	Approach
Rain	Thorn	Four	Approach
Race	Wireless	Butter	1
Ring	Barn	Software	1

Traditional Approach to /r/ • Of all previous research studies, none had EVER addressed initial vocalic /r/. • The phonemic approach is the pioneer for evaluation and treatment of initial vocalic /r/. • Prior only consonantal /r/ (initial) was considered.



Does your method of /r/ treatment:

- Evaluate all variations of /r/?
- Evaluate /r/ in all word positions?
- Have phonetically consistent probe lists for treatment?
- Focus heavily on [er] to exclusion of other phonemes?

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Does your method of /r/ treatment:

- Provide a specific starting point for remediation?
- Provide measurable progress?
- Allow for targeting treatment on just the specific misproduced /r/'s?
- Establish/use natural tongue production?

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Does a phonetically consistent /r/ approach work?

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Phonetically Consistent Approach to /r/ Study

- Conducted in a naturalistic environment (elementary and middle school).
- Practicing SLP's collected the data and administered evaluation and treatment procedures.

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Phonetically Consistent Approach to /r/ Study

- 31 Students, 12 Speech Pathologists
- Ages 6-14 with average time in therapy of 1.66 years
- Single subject design
- Two baselines per student

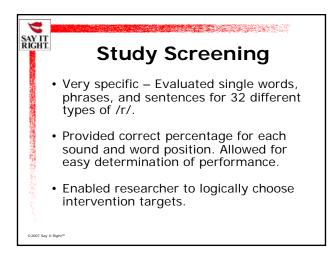
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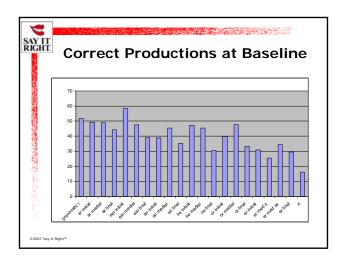
Phonetically Consistent Approach to /r/ Study

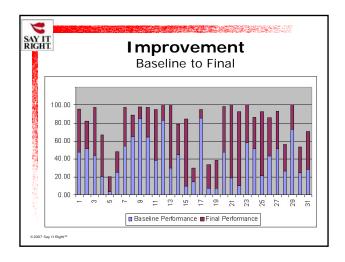
- 6 month period (Jan. July)
- <15 hours treatment. End 20 hours.
- Method: Single target, until 80% accurate at sentence level 5 consecutive times. Re-test for generalization, then chose new target.

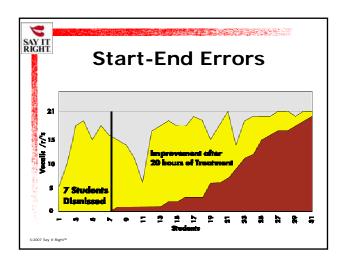
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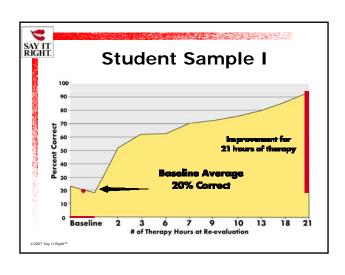


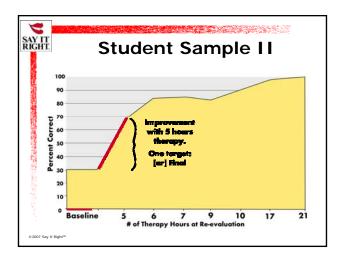
Student N	lame		The Entire V				4
SLP			Adv	anc	ed Screening	for /r/	SAY
						EAR Screen	ing
Date		Age			Single Words	Pleaser	Sentences
Targets: _		Screen	ing #		earache	An earache.	I had an earache.
	+ for Co	errect 1 for Stimula	ble 0 for Incorrect	3	carring.	The earning.	She put on the earning.
	. 101 00				carmuffs	The comsulfs.	I found the earmuffs.
Simple		revocalic R Scr	Sentences		Total EAR Initial C	orect (out of 9)	Percent Correct
Single	Words	Phrases			beard	Thick board	He had a thick beard.
red		A red sofa.	I bought a red sofa.]]	steering	Is steering.	The woman is steering.
rock		Found a rock.	Matt found a rock.	1 4	serious	Was serious.	The boy was serious.
rabbit		A pet rabbit.	I have a pet rabbit.]			
raccoon		A raccoon.	We saw a raccoon.]	Total EAR Media	Correct (out of R)	Percent Correct
radio		The new radio.	The radio is new.		deer	Two deer.	I saw two deer.
Rob		Is Rob.	My name is Rob.	1	fear	Fear of heights.	She has a fear of heights.
nose		A rose bush.	Joe cut the rose bush.		hear	Hear the news.	Did you hear the news?
Ter	ld Prevocalic R	Cornect (out of 20)	Percent Cornect]	Total EAR Final C	prect (out of 9)	Persent Correct
		AR Screen	ing			AIR Screen	ina
Single	Fords	Phrases	Sentences		Single Words	Phrases	Sentences
art		The art.	We saw the art.		heiress	The heiress.	The heiress is home.
arm		Bob's arm.	I bumped Bob's arm.	1	airplane	An airplane.	An airplane goes fast.
arcade		Arcade games.	I played arcade games.] 1	arca	This area.	This area is open.
Total	al AR Initial Con	ect (out of 9)	Persent Cornect]	Total ASP Initial C	Correct (out of 9)	Percent Correct
farm		At the farm.	We saw animals at the farm.	1	stared	We stared.	We stared at the house.
Denmark		To Denmark.	We will go to Denmark.	3	Paris	Went to Paris.	Cathy went to Paris.
cort		The cart.	We pushed the cart.	1 1	carrot	A carrot.	Jane ate a carrot.
[56	al AR Medial Co	red (out of B)	Percent Correct	ĺ	Total AIR Medial	Correct (out of 9)	Percent Correct
car		The car.	Bob played with the car.	1	bear	The black bear.	The black bear ate the food.
far		Far away.	Jill went far away.	3	hair	Nice hair.	You have nice hair.
star		A star.	We saw a star.	1 `	fair	At the fair.	Bill ate at the fair.

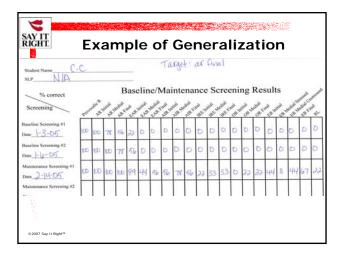


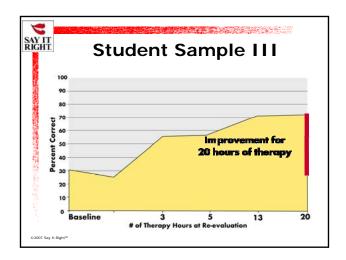


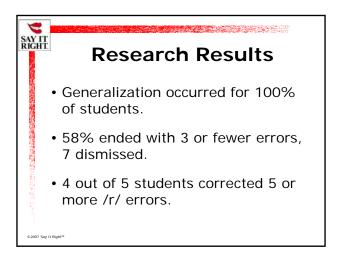


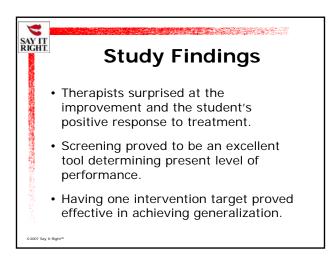


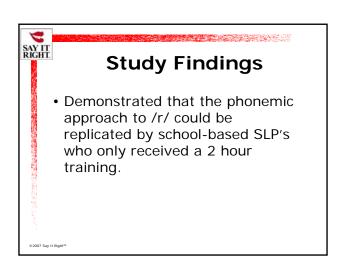












Study Conclusion

Validated the theory that evaluating and treating /r/ phonetically based on word position and sound class is an effective method.

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Review: Reasons for using a phonetically consistent approach

- Better understanding of the complex nature of /r/.
- Measurable progress for students.
- · Decrease in caseload size.
- Evidence-supported method which adds accountability for yourself, parents and school staff.

SAY IT RIGHT What does this mean to me? I just want to treat /r/! Where do I start?



Start With a **Comprehensive Evaluation**

- Evaluate ALL /r/'s in ALL positions to attain a comprehensive understanding of student's current ability.
- Anything less will leave you with a less than satisfactory picture.

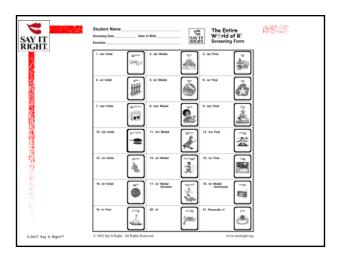
SAY IT RIGHT.

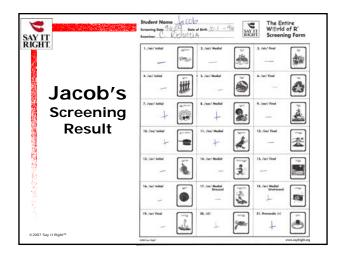
Evaluation

- Analyze comprehensive screening.
- Consider differences between phonemic screening vs. traditional.
- Learn importance of comprehensive screening
- Review phonemic approach evaluation and move beyond traditional /r/ therapy.

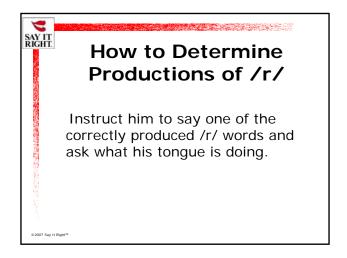
SAYIT Why Evaluate All Different Types of /r/?

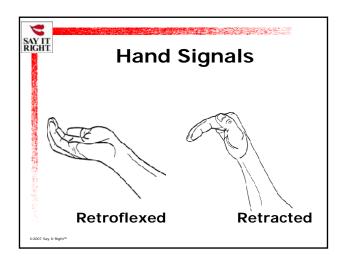
To find a starting point for treatment. Research shows that almost all students can produce at least 1 type of /r/. (Curtis & Hardy, 1959; Ristuccia, 2005).

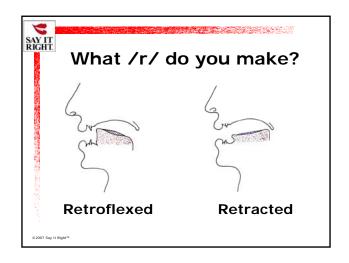


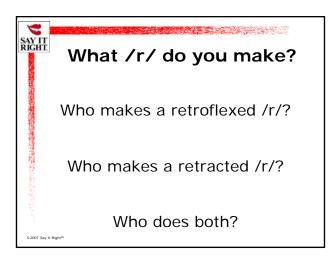


Jacob's Results Even though his production sounds flat and severe, Jacob does have productions that are correct and those that are stimulable. Use his productions to determine his natural production of /r/: retroflexed or retracted.

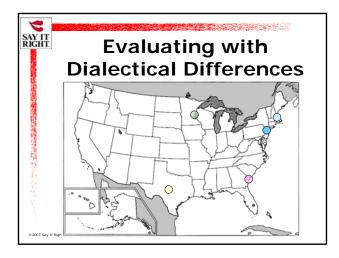






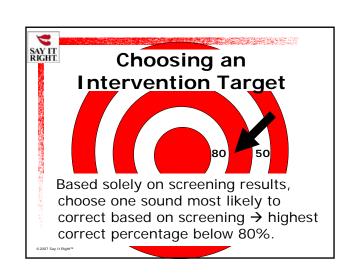




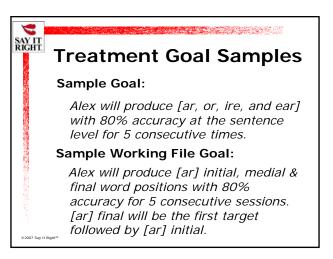


Tenets of the Phonetically Consistent Approach • Focus on one target at a time until it is corrected. • Choose targets based on elicitation techniques that could be used. • Eliminate elicitation techniques as quickly as possible. • Choose new target once carry-over has been achieved. • Maximize responses--150 per session.

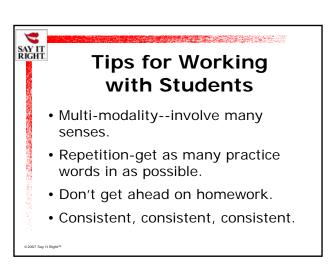
Plan Remediation Base intervention on target selected. Consistently focus only on target until corrected. Choose appropriate elicitation strategies matched to target selection. Use phonetically consistent probe lists.

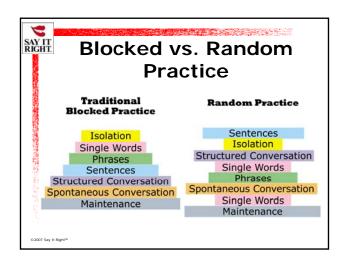


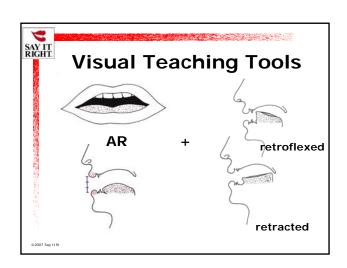
Why focus on one sound and word position at a time? Enhances motor planning. Provides consistent practice & repetition. Ensures students know their goal. Allows productions of other /r/ word combinations not yet targeted to begin to generalize.

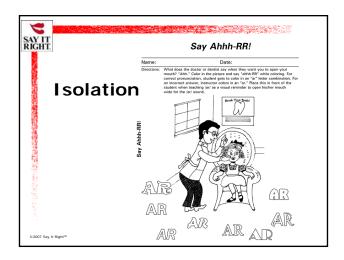


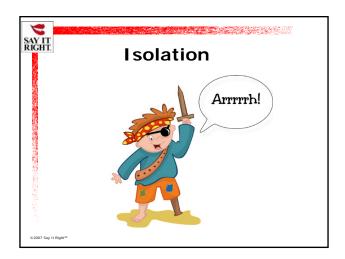
Review: Evaluation and Target Selection • Evaluate all variations of /r/. • Interpret the evaluation results. • Choose one intervention target by determining allophone with highest chance of improvement. • Write goals and objectives.

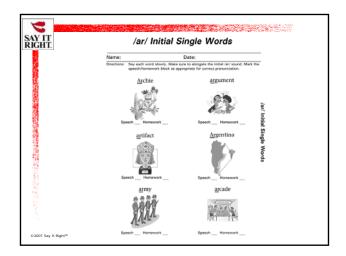


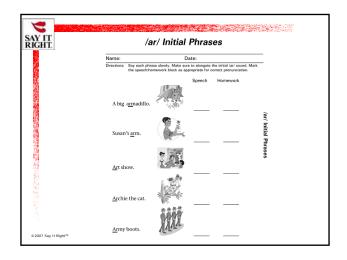


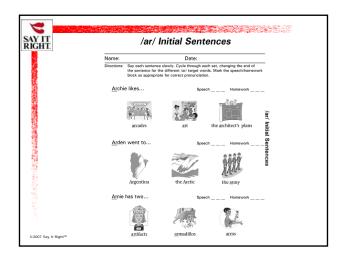


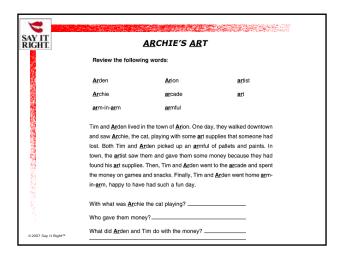














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Elicitation Techniques

- Analyze screening results to determine the appropriate technique.
- Learn how to use the different techniques.
- Choose target on possible elicitation technique that could be used.

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Shaping an /r/ From a Word **Position Student Can Say**

- Go over the screening results together to educate the student about the /r/ variations that she can say.
- Use results of screening to determine appropriate elicitation techniques.

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Phonemic Approach Tips

- Write target /r/ controlled vowel on board to increase student's awareness that there are two or more sounds they need to produce.
- Model target sound for student.
- Use as many modalities as possible: visual, auditory and tactile cues.

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Phonemic Approach Tips

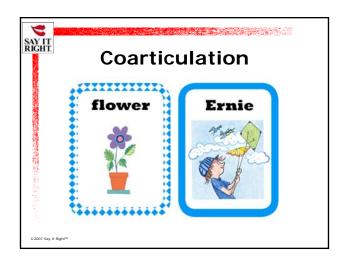
- Have student use a mirror so that she can see her own mouth. This is important to eliminate any lip rounding and ensure that the student is producing both the /r/ plus the vowel.
- Use phonetically consistent probe <u>lists</u> for production practice.

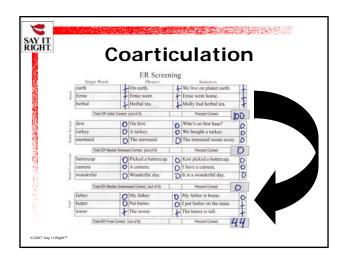


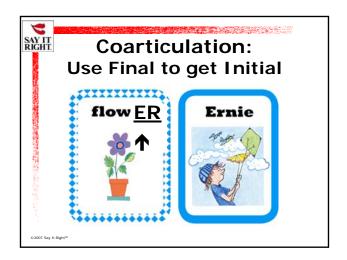
Coarticulation

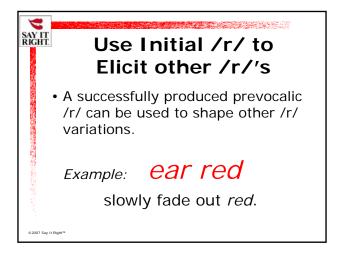
Use student's success in one word position to help shape the other misarticulated word positions.

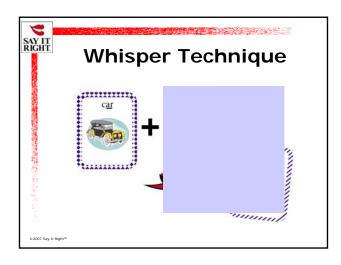
<u>Technique</u>: Have student say one word and hold the tongue in the same position, then say the next word.

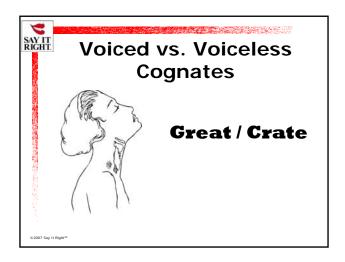


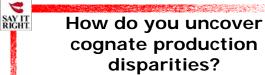












Probe for vocalic/consonantal and consonantal/vocalic combinations for a target allophone. (Elicitation Probe).

> orp/orb por/bor ort/ord tor/dor ors/orz sor/zor

When to move onto the next sound and/or word position?

- Once a word position for target /r/ is mastered (criterion is 80% for 5 consecutive sessions at sentence level), re-administer screening to assist in choosing the next target.
- Re-administer advanced screening to choose next intervention target.

Always Review Previously **Mastered Sounds**

- Check for stabilization and generalization.
- Beginning of each therapy session.
- Use previously mastered sounds to help teach new sounds.
- Use well produced sounds to increase self-awareness of correct productions.

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Ways to Encourage Self-Monitoring & **Evaluation**

- Use a rating system: Students rate themselves between a 1 and 10.
- Artic check-off: Students check correct responses on data sheet.
- Marbles in a jar.





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Ideas for Getting **Multiple Responses**

- Use word lists or picture cards.
- Use a tally counter.
- Set a timer and reward for correct productions.
- Have a contest to encourage competition between two or more students or you and the student.

Working with Groups

- Advantages: Encourages students to monitor each other and use their /r/s in conversation.
- Disadvantages: Minimizes individual practice time and one on one attention; Challenging to meet the need of individual students when goals are different.



Age to Begin Treatment

- Developmental: at 7-8 years old.
- Normative Sequence: when muscles are matured and /r/ controlled vowels are taught in 2nd grade curriculum.
- Complexity Approach: Begin with later developing sounds to achieve generalization in early developing sounds (Morrisette, et al 1996).

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Appropriate Homework

- Stage 1: Just practicing natural tongue positioning to gain kinesthetic awareness.
- Stage 2: Send home words that the student can consistently say perfectly in therapy.

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Homework: Good Practice Times

- In the morning before brushing teeth.
- · Before or after homework.
- As soon as they get home from school or right before dinner.
- Before they go to bed at night.
- At the dinner table or use phone if working on transferring /r/ to conversation.
- Have family members help if needed.

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Ways to Measure Student Progress:

- Briefly review previously mastered targets to check for retention.
- Use advanced screening tool to collect current data and evaluate direction of therapy.
- Use Daily Data Collection and Daily Tally Sheets to measure progress day to day.

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tudent Nome					
		RP Gools:			
orte State o	(No.				
IP Date Screening Date		Working File Gools:			
Date Target	Activities		Tolly	Remarks/ Difficult Wo	
	-	-			
		-	-		
		-			
	-		phones:		

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Reasons for Lack of Progress

- Wrong Target. If student is not making progress in the first two sessions, try another target.
- Not completing homework.
- Unable to move past mastered targets due to misunderstanding.

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Challenges To Success: When Things Go Wrong

- · Lack of motivation.
- · Difficulty discriminating correct versus incorrect productions.
- Student who appear to have mastered a sound but have not.
- · Students with multiple disorders.
- · Group therapy sessions in which all students are working on a different /r/
- Students are not progressing.

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What to try when things go wrong:

- Re-administer the screening to check for generalization and choose a new target.
- Take a break.
- Review /r/'s that the student can correctly produce.



RIGHT How do you know when a student is ready to be dismissed?

- When students are able to say all /r/ variations with at least 80% mastery at the sentence level.
- When students, parents, and teachers report it is no longer a problem.
- · When articulation needs can be addressed at home or in the classroom.



Review: Intervention

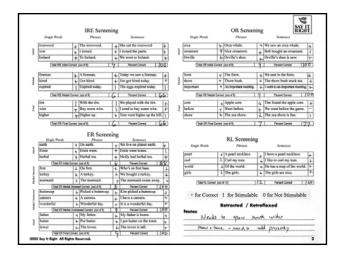
- Treat only one target until mastered with criterion of 80% at sentence level over 5 consecutive sessions.
- Re-evaluate.
- Select new target and treat.
- Continue until all sounds correct.
- Review and reinforce.

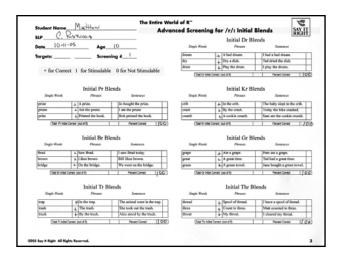


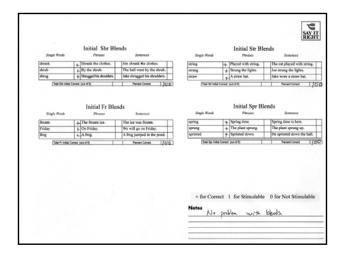
Case Study #1

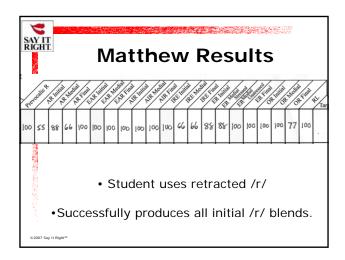
- Matthew
- 10 year-old 5th grader
- Mispronounces his /r/'s
- You conduct screening....

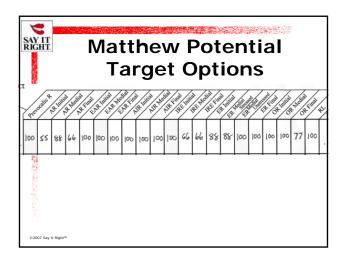


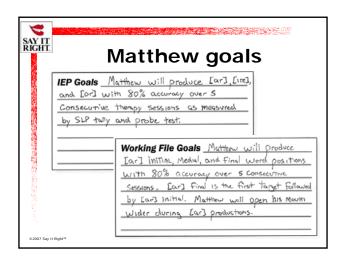


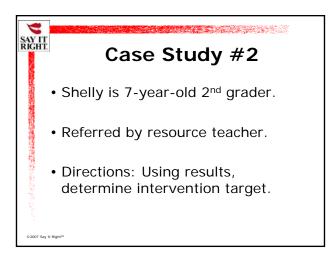


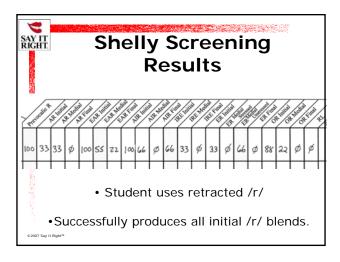


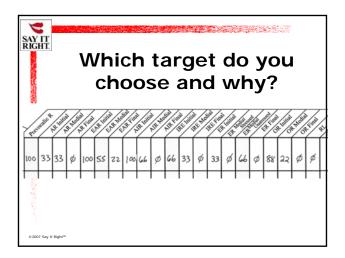


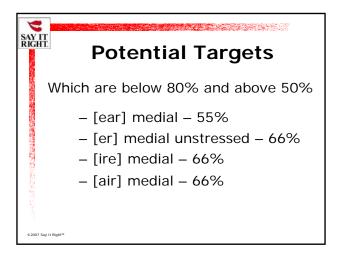






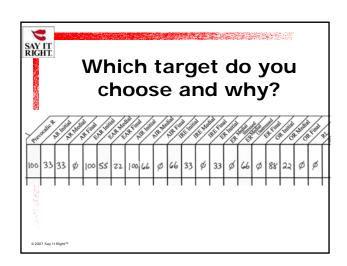


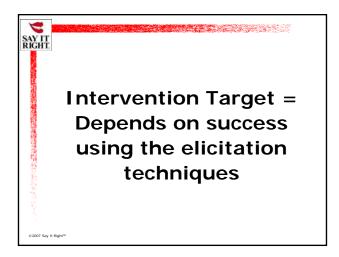


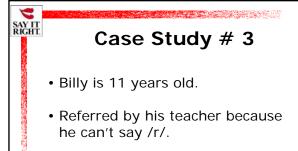


Shelly's Target
Considerations using
Elicitation Techniques

• Coarticulation within a sound family.
• ear final (0%) + ear initial (100%)
• air final (0%) + air initial (100%)
• or final (0%) + or initial (88%)

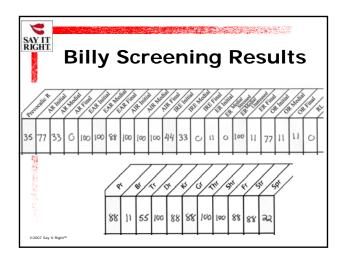


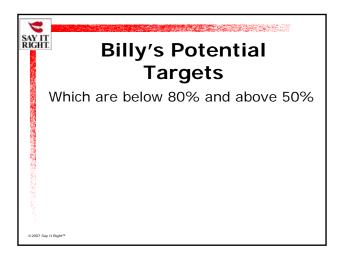


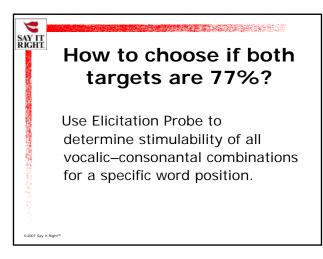


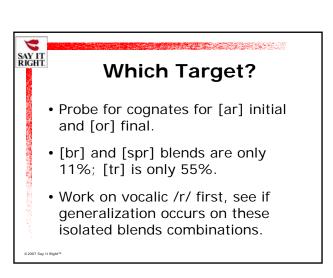
 He loves race cars and trucks, but kids make fun of his speech when he's playing.

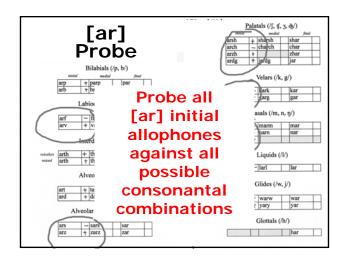
2007 Say It Right

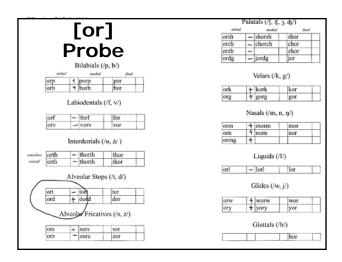












Which Target to Choose?

• [or] initial only shows one instance of using voiced vs. voiceless cognates.

• [ar] initial probing shows five instances of using voiced vs. voiceless cognates.



Working File Goal

Student will produce [ar] in the initial position with the following phonemes found on the elicitation probe f/v, s/z, sh/j, k/g, and m/n, with 80% accuracy in single words phrases and sentences.





