

Course Objectives
 Know how to evaluate and treat the various word positions of the sibilant sounds: [s, z, ch, sh, sh, j, and zh].
 Know how to use co-articulation to elicit correct tongue positioning.
 Be able to write measurable and objective IEP goals.
 Be able to identify 3 elicitation techniques
 Identify natural tongue positioning for /t/, /n/, /l/ and /d/.
 Know difference between frontal and lateral lisp disorders.

What is a Sibilant

A consonant characterized by a hissing sound.

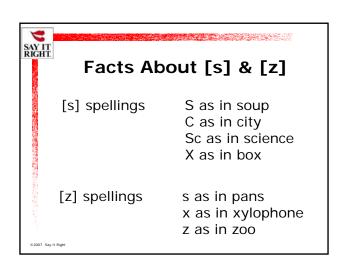
S, Z, SH, ZH, CH, and J

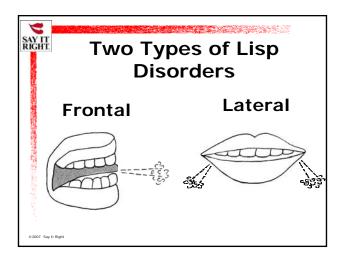
Facts About /s/ & /z/

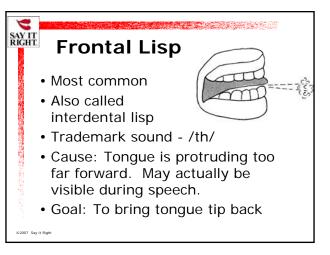
• Cognates. Have same manner and production with the exception of voicing.

• Airflow restricted or released by tongue causes production and common "hissing" sound.

• Different spellings, same production.







Lateral Lisp
Less visible, more audible problem.
Caused by tongue in wrong location (too low) allowing air to escape (primarily from sides of the mouth).
Sound produced is often "wet" or spitty. Sometimes called a "slushy S."
Goal: Focus air stream out front of the mouth.

Possible Causes of a
Lisp Disorder

• Thumb sucking
• Tongue thrust
• Dental (front teeth missing)
• Cleft palate issues

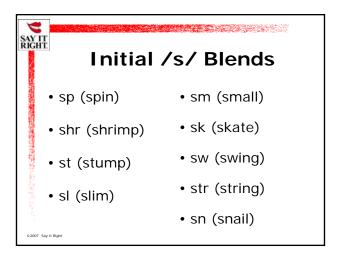
EW S & Z Approach to Lisp Disorders
 Evaluation and treatment for frontal and lateral lisps are similar.
 Correct production of both frontal and lateral lisps disorders in the alveolar ridge region/behind bottom front teeth.
 Use student's strengths to elicit misproduced phonemes.

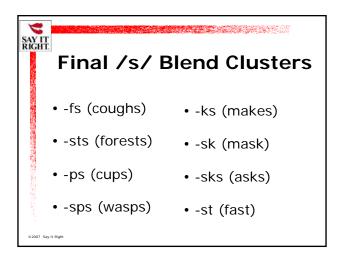
Categories of /s/ & /z/

• Initial, medial and final /s/ and /z/

• Initial /s/ clusters

• Final /s/ clusters



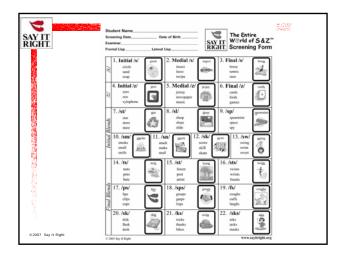


Start With a
Comprehensive Evaluation

• Evaluate ALL /s/ and /z/'s in
ALL positions to attain a
comprehensive understanding of
student's ability.

• Establish frontal or lateral lisp
disorder.

• Establish natural tongue
positioning for /t/.



Choosing a Target

• Check stimulablity for /t/ and /ts/ final word productions.

• Find natural tongue positioning.

Why establish natural tongue positioning for /t/?

• Because /t/ and /s/ have the exact tongue placement.

• You are using the student's success to elicit incorrect or improper tongue placements.

• To practice student's natural tongue positioning.



Where do you produce /t/?

- At the Alveolar ridge?
- · Behind the bottom front teeth?



Why not just refer to /s/ as /s/?

- · Goal: To set student up for success by using phonemes with similar production as /s/ or /z/.
- Student often goes back to "old" sound production.
- · Want to establish a new sound pattern.

Tenets for /s/ and /z/ **Approach**

- · Treat frontal and lateral lisp disorders in a similar manner.
- Focus on one target at a time until corrected.
- Use elicitation techniques to establish tongue positioning.
- Choose new target at 80% accuracy at sentence level.



Plan Remediation

- Base intervention on target selected.
- Consistently focus only on target until corrected.
- Choose appropriate elicitation strategies matched to target selection.
- Use phonetically consistent probe lists.

Why focus on one sound and word position at a time?

- Enhances motor planning.
- Provides consistent practice & repetition.
- · Ensures students know their goal.
- Allows productions of other /r/ word combinations not yet targeted to begin to generalize.



Begin Remediation

Isolation

Single words

Phrases

Sentences

Reading/Structured Conversation Conversational Speech

Cues to use with /t/ and /ts/ final words

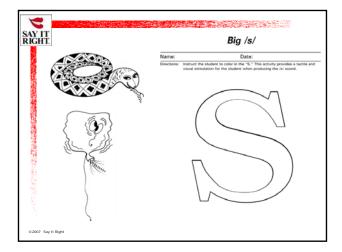
- Sharp not slushy sound.
- Feel difference of tongue placement.
- Slide finger down arm while producing phonemes.

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Auditory, Tactile and Visual Incorporate a multi-modality approach to learning. Involve as many senses as possible. E.g. snake sound color or trace a large "s"

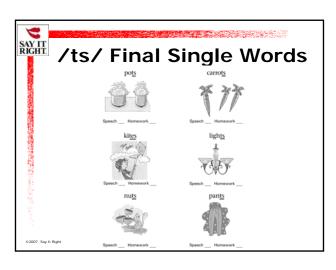
use snake cue –wavy motion

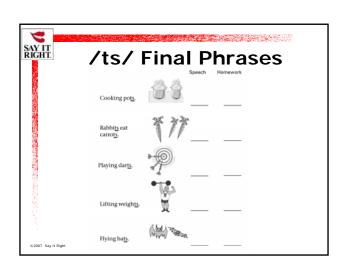


Choices of Elicitation Techniques • Exploded /t/ • /ts/ final words, phrases and Sentences • Straw to demonstrate placement.

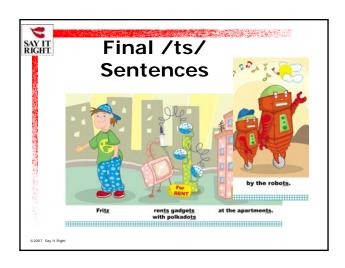
Elicitation Techniques

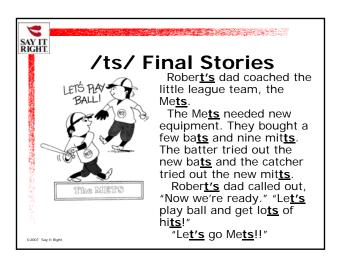
· Alveolar target exercises

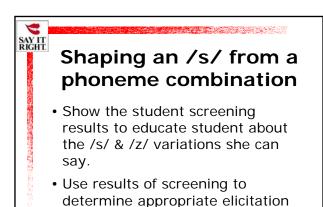








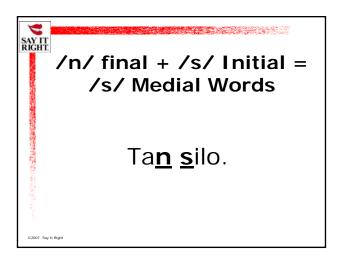


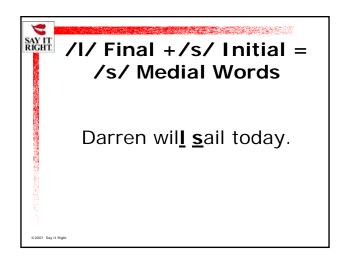


techniques.

Elicitation Techniques
Sibilants are produced at the alveolar ridge region (behind the lower front teeth) as are other consonants - /l/, /n/, /d/.
Use the other consonants to facilitate production.
E.g. Tan silo pens
Feel sad reads

/t/ Final Sentences + /s/ Initial words • Example: Cleo, the cat said meow. • Coarticulation used to stimulate medial /s/. • If successful (80%) correct productions, try medial /s/ words (e.g lasso).





/Is/ Sentence with /s/
Initial in Isolation

I fee<u>I</u> <u>s</u>ad today. → <u>s</u>ad today

Darren wil<u>I</u> <u>s</u>ail Monday.

→ <u>s</u>ail Monday

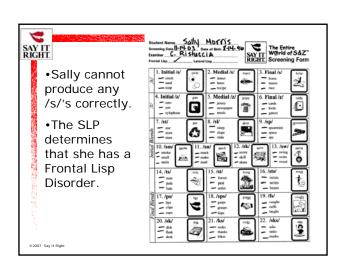
If successful (80%) accurate, try initial /s/ words (e.g. sun).

When to move onto next sound/word Position

• Once a word position for target /s/ is mastered (criterion is 80% for 5 consecutive sessions at sentence level), re-administer screening to assist in choosing the next target.

• Re-administer advanced screening to choose next intervention target.

Case Study: Sally
 Sally Morris is a 7 year-old second grader at Seaford Avenue Elementary School.
 She is referred due to not being able to pronounce her /s/'s.
 The sibilants each have voiced cognates. Each sound has a twin, with the only difference being one sound is voiced (vocal cords vibrate) while the other is voiceless.



Sally's Remediation Strategy:

• Teach "exploded /t/."

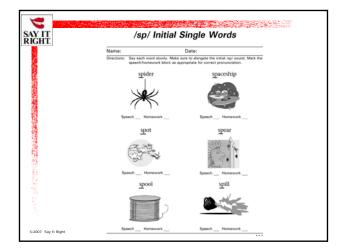
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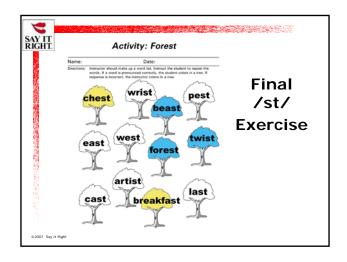
- Practice /ts/ final words.
- Alveolar target exercises— /ns/, /ls/.
- /s/ in initial, medial, final word positions.
- Initial blends and final clusters.

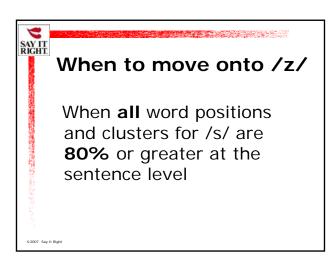
/s/ Blends and Final /s/ Clusters

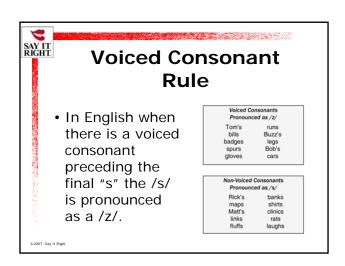
- Initial Blends: /sp/, /str/, /sl/, etc.
- Final Clusters: /sk/, /sp/, /sks/,etc.
- Treat as necessary to correct specific articulation disorders.

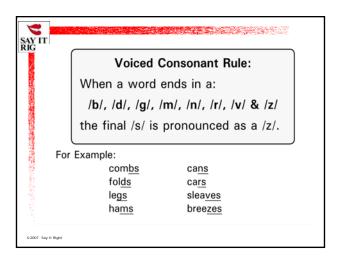
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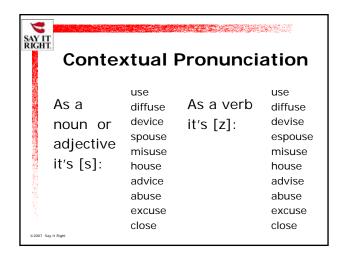


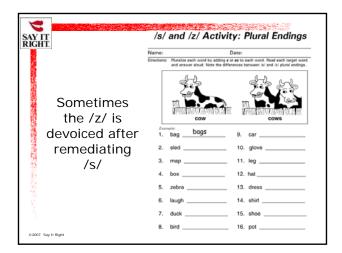


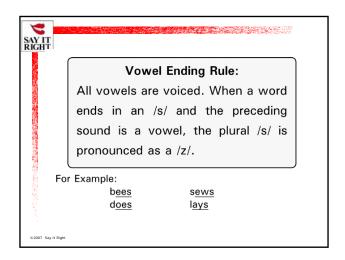


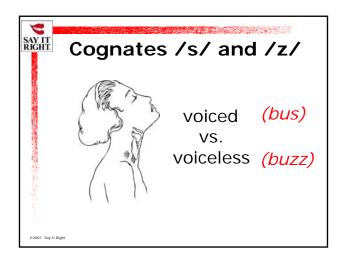


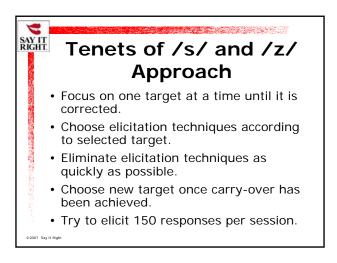














Always review previously mastered sounds

- · Check for stabilization and generalization
- Beginning of each therapy session
- Use previously mastered sounds to help teach new sounds
- Use well produced sounds to increase self-awareness of correct productions



How can students work together in a group?

- Frontal lisp: Have other students watch for tongue protrusion (visual)
- Lateral lisp: Student's listen for sharp vs. slushy speech.



Reasons for Lack of **Progress**

- Wrong Target. If student is not making progress in the first two sessions, try another target.
- Not completing homework.
- Unable to move past mastered targets due to misunderstanding.



Send home appropriate homework

- 1. Practice natural tongue positioning to reinforce kinesthetic awareness.
- 2. Send home words that the student can consistently say perfectly in therapy.



Ways to Measure Student Progress:

- · Briefly review previously mastered targets to check for retention.
- · Use screening tool to collect current data and evaluate direction of therapy.
- Use rating system (1 to 5) for each sound production.
- Use Daily Data Collection or Daily Tally Sheets to measure progress day to day.



Challenges to Success

- Wrong target
- Tongue thrust
- Missing top front teeth
- Motivation
- Has not acquired auditory and kinesthetic awareness.

How do you know when to dismiss a student?

- When students are able to say all /s/ and /z/ variations with at least 80% mastery at the sentence level.
- When students, parents, and teachers report it is no longer a problem.
- When articulation needs can be addressed at home or in the classroom.

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Review: Intervention

- Treat only one target until mastered with criterion of 80% at sentence level over 5 consecutive sessions.
- · Re-evaluate.
- · Select new target and treat.
- · Continue until all sounds correct.
- · Review and reinforce.

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EW S & Z Strategy 1. Evaluation – Use Screening Kits 2. Interpret the Evaluation results 3. Kinesthetic Awareness – client must have an awareness of tongue

4. Phonemic Awareness-hissing sound

5. Use student's strengths-Begin Remediation

in mouth.

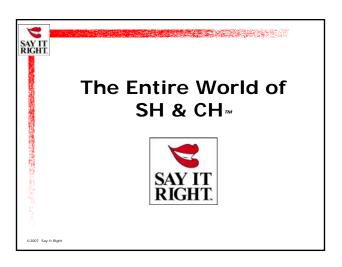
EW S & Z Strategy

- 6. /ts/ tactile and visual cues
- 7. Final /ts/
- 8. /ts/ phrases and sentences
- Alveolar Phonemic production zone
 /ls/ and /ns/
- 10. /s/ tactile and visual cues
- 11. Medial and final /s/

12. Initial /s/

EW S & Z Strategy 13. Follow remediation hierarchy 14. Initial /s/ blends 15. Final /s/ clusters 16. Don't forget /z/ - students may devoice. (voiced consonant rule) 17. Structured conversation 18. Review and reinforcement





Course Objectives • Know to how to evaluate and treat the various the sibilants. • Know how to use correctly produced phonemes to elicit misproduced phonemes. • Write measurable goals and objectives. • Be able to identify 3 and implement elicitation techniques.

Sh, Ch, J & Zh

• Produced at the palato-alveolar region. Just slightly posterior of S & Z production area.

• Sh and Ch are not voiced.

• Zh and J are voiced.

Sh & Zh
*/ʃ/ as in Ship and /ʒ/ as in measure.
Described as "continuant fricative sibilants" for the steady, friction produced hissing sound emitted.
There are very few Zh words and no words in the initial position in English.

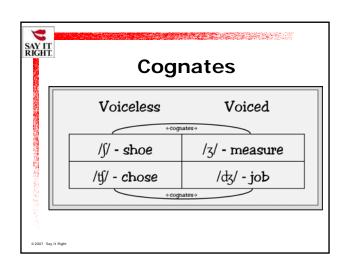
Ch & J

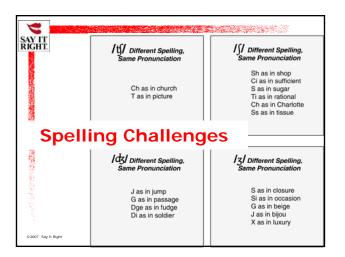
• /tʃ/ as in chop and /dʒ/ as in judge

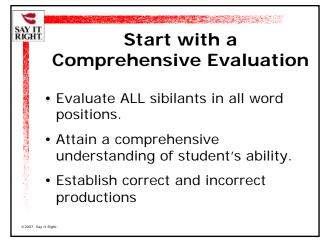
• Traditionally called "affricates" since airflow is completely stopped at some point.

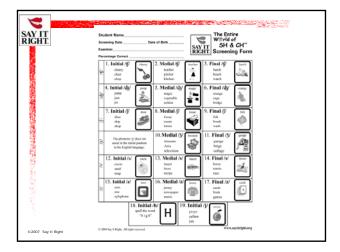
• The /tʃ/ is a combination of /ʃ/ and /t/.

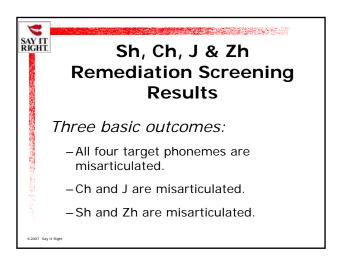
• The /dʒ/ is a combination of /ʒ/ and /d/.





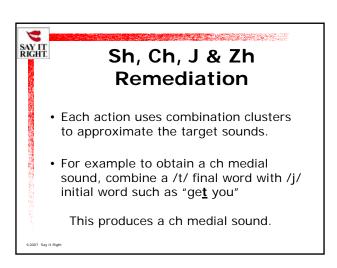






Choosing a Target

Treat the misproduced sibilants by using the successfully produced phonemes to elicit the misproduced phonemes.





Tenets of Treating SH & CH • Focus on one target at at time

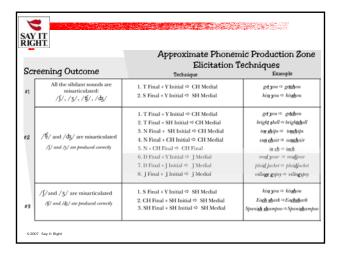
- Focus on one target at at time until corrected.
- Use elicitation techniques to elicit misproduced phonemes.
- Choose new target after 80% accuracy has been achieved at the sentence level.

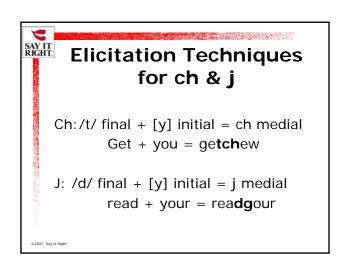
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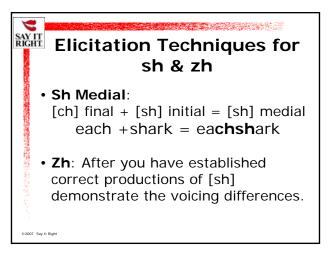
Don't be compelled to remediate in any particular order.

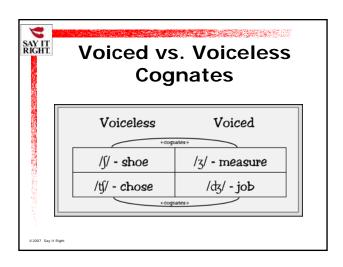
Approximate Phonemic
Production Zone
Assists

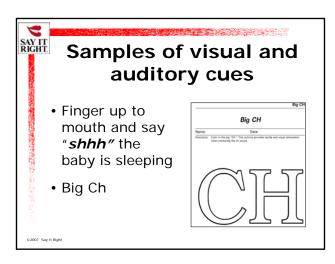
Using one sound with
same placement to elicit
the target sound desired.

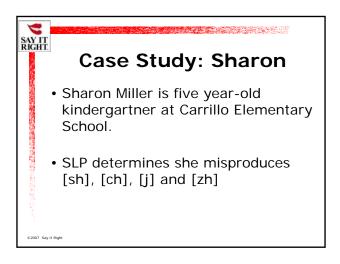


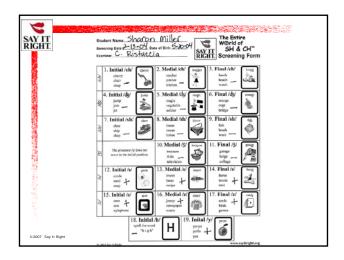


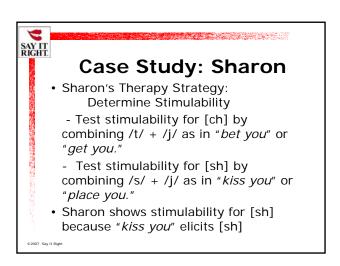


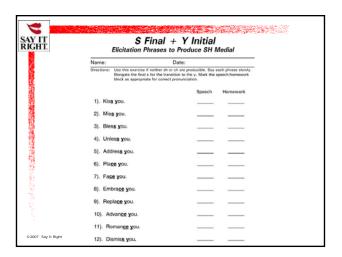


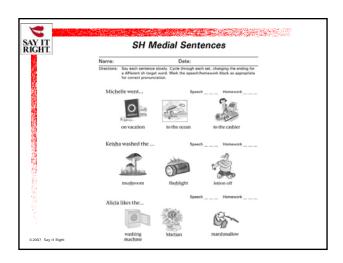


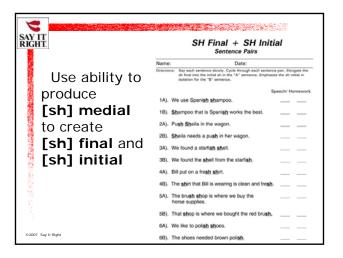


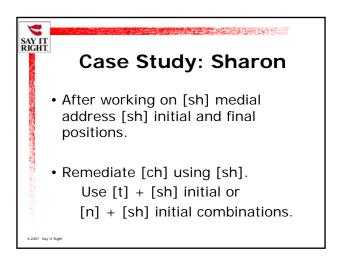


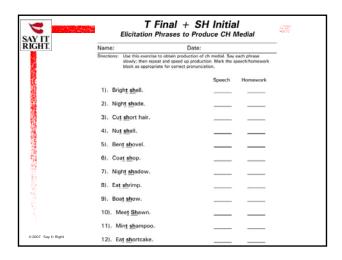


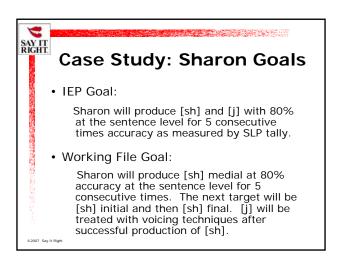














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Reasons for Lack of Progress

- Wrong Target. If student is not making progress in the first two sessions, try another target.
- Not completing homework
- Unable to move past mastered targets due to misunderstanding

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Ways to Measure Progress

- Briefly review previously mastered targets to check for retention.
- Use Daily Data Collection or Daily Tally Sheets to measure progress day to day.
- · Re-administer screening.

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EW Sh & Ch Strategy

Similar to Strategy for S & Z

- 1. Evaluation Use Screening Kits
- 2. Interpret the Evaluation results
- 3. Begin Remediation using intervention targets
- 4. Use auditory, tactile and visual cues.

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EW Sh & Ch Strategy

- 5. Work on each word position (initial, medial, final). Don't be concerned with order.
- 6. Follow remediation hierarchy (isolation to conversational speech).
- 7. Practice conversational speech.
- 8. Review and reinforcement.

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Summary

Use the elicitation techniques to facilitate proper production of target sounds.

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